



# Inpatient Rehabilitation

## Scope of Services: Acute Rehabilitation Program

### Comprehensive Inpatient Rehabilitation Program:

The acute medical rehabilitation program consists of professionals in pediatric rehabilitation determined to deliver best rehabilitation to their patients and families by using up to date technology & evidence based practices. The comprehensive services address physical, social, psychological, developmental, and educational needs of the patient and family. With a focus on patient and family centered care, we offer accommodations for one parent/caregiver to room-in with the patient. The program has 20 dedicated inpatient beds, and is located within The Children's Center Rehabilitation Hospital, a 160-bed post-acute care pediatric specialty hospital.

Patients in the acute rehabilitation program receive a minimum of three combined hours of core services (physical therapy, occupational therapy, and speech language therapy) per day, as required by funding sources & individualized according to each patient's needs and goals. Therapies are typically scheduled Monday through Friday from 8am to 8pm as well as on Saturdays from 8am to 12pm. The acute rehabilitation interdisciplinary team offers the services below:

- Physical Therapy
- Speech Therapy
- Psychology
- Case Management
- Early Intervention
- Physical Medicine & Rehabilitation Physician
- Respiratory Therapy
- Wound Care Team
- Music Therapy
- Occupational Therapy
- Recreational Therapy
- Pediatric Neuropsychology
- Nursing
- Education Specialist Services
- Medical Nutrition Therapy
- Chaplain Services
- Social Services
- Pet Therapy
- Peer Mentor Program
- Patient Volunteer Services
- Child Life Specialist Services
- Wound Care/Ostomy Advanced Practitioner

### For the families/support systems, The Children's Center Rehabilitation Hospital also provides:

Social services- community and financial resources  
 Psychology - psychosocial support  
 Pastoral care - spiritual support/chapel  
 Amenities - RV accommodations, In-Room lodging, Laundry facility  
 Transportation - local shopping/grocery  
 Technology - Wifi, Cable TV, Starlight Gaming Systems, Library with PC & printer access  
 Cafeteria - Complementary meals for caregiver  
 Large Inpatient Room - Full Bathroom, Cable TV, Caregiver Sleeping Accommodations  
 Collaboration with schools, external vendors, community resources and more.

<https://www.miracleshappenhere.org/family-resources/>

**Onsite services available:**

- Medical services – on-site and on-call physicians and advanced practice nurses available at all times
- Diagnostic services (Radiology, Fluoroscopy) – results available within 4 hours unless ordered STAT and then reported immediately.
- Laboratory services - results available within 8-24 hours unless ordered STAT and then reported within 4 hours
- Pharmacy services – available at all times
- Swallowing Evaluation
  - Fiberoptic Endoscopic Evaluation of Swallowing (FEES)
  - Modified Barium Swallow (MBS)

Other services available onsite or through a referral, dependent on the needs of the patient/family:

- |  |                                 |                       |
|--|---------------------------------|-----------------------|
| • Low Vision Specialist                    | • Audiologist                   | • Clinical Pharmacist |
| • Orthotist/Prosthetist                    | • Rehab Technician              | • AT Specialist       |
| • CPST- Child Passenger Safety Technicians | • Safe Kids Prevention Services |                       |

**Medical Consultative Services Provided:**

The Rehab Physician strives for excellence in the delivery of care provided to the patient. The following are medical services provided either in-house, virtually, or off-site:

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|--------------------------------------|---------------------------------|--------------------------------|
| • Adolescent Medicine                | • Gynecology                    | • Optometry                    |
| • Anesthesia                         | • Infectious Disease            | • Pharmacy                     |
| • Burn/Reconstructive Surgeon        | • Hematology/Oncology           | • Plastic Surgery              |
| • Cardiology                         | • Interventional Radiology      | • Podiatry                     |
| • Cardio Thoracic Surgery            | • Palliative Care               | • Psychiatry                   |
| • Dentistry                          | • Nephrology                    | • Pulmonology                  |
| • Dermatology                        | • Neurology                     | • Radiology                    |
| • Emergency Medicine                 | • Neurosurgery                  | • Sleep Lab                    |
| • Endocrinology                      | • Neuro Ophthalmology           | • Urology                      |
| • Physical Medicine & Rehabilitation | • Neurodevelopmental Pediatrics | • Surgery (trauma and general) |
| • Genetics                           | • Otorhinolaryngology           | • Gastroenterology             |
| • Pediatrics                         | • Orthopedic Surgery            | • Vascular                     |
| • Wound Care Team                    | • Ophthalmology                 |                                |

**Payer Sources/Fees:**

Our program will work with all insurances companies, state funded Medicaid programs and self-pay arrangements. Please check with your health plan for up-to-date coverage. Pre-certification must be obtained prior to admission. Individualized fee schedule is available upon request.

## Referral Sources:

We accept patients from across Oklahoma and surrounding states, as well as from across the United States. Referrals are accepted from physicians, other healthcare providers, & parents. Each referral is evaluated individually according to the needs of the patient and family.

## Population Served:

Diagnoses considered appropriate for admission to rehabilitation include, but are not limited to:

- Traumatic Brain Injury
- Non-Traumatic Brain Injury (Encephalitis/Meningitis, Anoxic Brain Injury, Brain Tumors and post-surgical seizure management)
- Non-Traumatic Spinal Cord Injuries (Transvers Myelitis, Acute Flaccid Myelitis and Spinal Cord Tumors) – of all levels, completeness and etiologies
- Traumatic Spinal Cord Injuries – all levels, completeness and etiologies
- Diaphragmatic Pacing
- Neurological Disorders (Guillain-Barre Syndrome and ADEM)
- Cardiac or Pulmonary conditions
- Functional Neurologic Disorder
- Orthopedic Condition (post-surgery, trauma and amputation)
- Burn
- Co-morbidities may include tracheostomy, CPAP, Bi-PAP, or ventilator dependence, Intravenous Therapies
- Debility related to significant medical illness
- Stroke/AVM
- Post-Surgery Selective Dorsal Rhizotomy/ Baclofen Pump Insertion

Physical rehabilitation treats a variety of functional limitations including but not limited to:

- Communication
- Cognition/Perception
- Physical Movement – gross and fine motor skills
- Activities of Daily Living (dressing, grooming, bathing, toileting, & feeding)
- Mobility/Locomotion
- Psychological
- Bowel/Bladder Dysfunction
- Swallowing/Dysphagia

## Admission Criteria:

Consideration for admission includes that the patient:

- Be medically stable
- Have potential to participate in three hours of therapeutic intervention per day
- Has potential to benefit from rehabilitative services
- Patients with traumatic brain injuries be at a Rancho Level III or greater
- Has preliminary plans for discharge established
- Has needs/goals that could be met by the services/programs we offer
- Has caregivers who are capable of receiving training and education about the persons served needs

Patients who are not following commands &/or meeting the criteria for participation could be considered for sub-acute admission.

## Parameters:

Each case is evaluated individually and admission decisions are based on patient/family needs and program services offered. The following are the basic parameters of our program:

- **Age.** Patients are typically Birth-21 years of age; however, each case is reviewed individually. Things considered :
  - Is the patient living on their own?
  - Is the patient employed as their primary vocation? (not in school)?
  - Is the patient an emancipated minor?
  - Is the patient actively involved with law enforcement?
- **Medical acuity.** Patients with a tracheotomy, ventilator, feeding tubes, foley, central venous catheters, wounds with dressings or wound vac, etc. must be medically stable.
- **Medical stability.** Patients are medically stable enough to tolerate rehabilitation and obtain maximum benefit from rehab services. Patients should have the potential to participate in a minimum of 3 hours of therapeutic intervention per day
- **Impairments.** Patients are experiencing physiological or psychological loss resulting in a functional loss or a combination of impairments. Types of functional impairments may include: communication, cognition/perception, physical movement – gross and fine motor skills, activities of daily living, mobility/locomotion, psychological, and bowel/bladder dysfunction. Patients must require Physical Therapy, Occupational Therapy, and/or Speech Therapy services.
- **Activity limitations.** Patients are experiencing limitations in activities of daily living, cognition, mobility, swallowing, or other functional limitations.
- **Participation restrictions.** Patients are experiencing restrictions related to home, work, community and school re-integration.
- **Psychological status.** Patients are requiring monitoring and/or ongoing services for issues related to adjustment or family dynamics secondary to rehab diagnosis.
- **Behavioral status.** Our patients may have behavioral issues that are related to their illness/injury; many of which can be accommodated within our program. Patients with severe behavioral issues that may prevent participation and/or threaten self/others are unable to be served within our program. The following will be considered when considering whether a patient is appropriate for admission to our Pediatric Rehabilitation facility: mental health history, current mental health status, history of sexual offenses, criminal history, and current relationship with parole officer for juvenile courts.
- **Cultural diversity.** The Children's Center inpatient rehab program recognizes and honors the diverse population in which we serve; our patients, families, visitors, staff, and all stakeholders. Our team provides its services to those in need regardless of age, education, illness, socioeconomic status, race, ethnicity, religion, culture, language, disability, income status, sex, sexual orientation, and gender identity or expression.
- **Discharge/transition environments.** Discharging to home is the goal for most patients; however some patients may be more appropriate for a long-term care facility, specialty foster home, or a group home. The discharge disposition is dependent upon the caregiver's ability to provide safe and effective care for the patient.

### **Transition Criteria:**

- a Patients who experience an acute exacerbation of their illness, become medically unstable, develop acute infections or other acute conditions which compromise their ability to receive rehabilitation services will be transferred to another service if deemed appropriate by the medical and interdisciplinary team.
- b. A non-voluntary discharge from inpatient rehabilitation is identified as a patient who meets the transition criteria stated above or a patient who displays behaviors that prohibit them from making progress and who is deemed appropriate by the team to be transitioned; however parents are unwilling to do so. If the parents continue to refuse the transition process, the social worker will advise the parents that the next steps will be to contact Oklahoma Department of Human Services (DHS) of the appropriate county.

### **Discharge Criteria:**

Patients will be transitioned to the most appropriate environment when:

- a. Maximum inpatient rehabilitative goals have been reached as determined by the rehabilitation team
- b. The parent/family has completed training and discharge environment is suitable for care.
- c. A suitable plan for continuity of care has been established

### **Sub-Acute Programs:**

Patients who may not meet criteria for acute rehabilitation may be considered for one of several sub-acute rehabilitation programs offered at The Children's Center Rehabilitation Hospital. The Hospital strives to provide excellent, comprehensive care to children in need of habilitation or rehabilitation, and will individually evaluate each patient to ensure placement into the appropriate line of service. Therapy focused, sub-acute programs include but are not limited to:

-Brain Injury Responsiveness: for patients with decreased consciousness after a brain injury

-Spinal Cord Optimization: for patients with pre-existing spinal cord injuries, whose rehabilitative needs have changed since their injury. Focus on independence and updating equipment.

For additional information visit: <https://www.miracleshappenhere.org/hospital-programs/pediatric-rehabilitation/>

